

🌀 SALADS 🌀

TURKEY CHOPPED SALAD

mustard greens, cheddar, tomatoes, red onion, pistachio, dried cranberries, bulgar wheat, pesto ranch dressing

11.95

CUBANA SALAD

grilled chicken, spinach, pinto beans, tomatoes, cucumber, chayote, onions, cilantro, avocado, garlic-lime vinaigrette

10.95

THE BROWN DERBY

crisp greens, avocado, bacon, egg, chicken, crumbled blue cheese, roquefort dressing

10.95

THE ROMAN

romaine lettuce, herb croutons, shaved parmesan, grilled chicken, caesar dressing

10.95

THE BIG GREEK

feta cheese, cucumbers, pepperoncini, olives, tomatoes, red onions, crisp lettuce, greek dressing

10.95

SHAWARMA BOWL

grilled chicken, yellow rice, baba ganoush, grilled pineapple, cucumber, garlic sauce

10.95

SEASONAL SALADS AVAILABLE

*Before placing your order, please inform your server if anyone in your party has a food allergy.

🌀 SANDWICHES \$10.95 🌀

CALIFORNIA CLUB

herb-marinated grilled chicken, lettuce, tomato, applewood bacon, avocado, baja aioli, ciabatta bread

THE PLYMOUTH ROCK

roast turkey, stuffing, whole cranberry sauce, mayo, toasted multi-grain bread

FIRE ROASTED CHICKEN

blackened chicken, fire roasted peppers + onions, corn, provolone, Portuguese sweet roll

SULTAN'S WRAP

falafel, cucumbers, tomatoes, tzatziki, hummus, roasted red peppers, crisp lettuce

THE FRENCHMAN

vermont ham, brie cheese, arugula, honey dijon, diced red onions, crusty baguette

THE ALBACORE

tuna salad, organic sprouts, tomatoes, mixed greens, toasted multi-grain bread

A STREET CHICKEN SALAD

all white meat chicken salad, dried cranberries, almonds, field greens, toasted country white bread

SEASONAL SANDWICHES AVAILABLE

🌀 SOUPS 🌀

DAILY SELECTION OF

HALE & HARTY HEALTHY SOUPS

small \$4.50 large \$6.50

🌀 LUNCH COMBO \$10.95 🌀

Your Choice of Two:

- small soup
- side caesar salad
- side mixed greens
- half cafe sandwich

🌀 BUILD YOUR OWN \$8.95 🌀

BREADS:

wrap	multi-grain
ciabatta	country white
marble rye	french baguette

CHOOSE UP TO FOUR INGREDIENTS!
ADDITIONAL INGREDIENTS \$0.50 EA

VEGETABLES:

roasted peppers
onions
romaine
mixed greens
cucumbers
pickles
avocado
tomatoes

MEAT & PROTEIN:

turkey
falafel
ham
chicken salad
tuna
herb chicken
applewood bacon

SPREADS & SAUCES:

baja aioli
honey dijon
mayo
tzatziki
hummus

CHEESE:

cheddar
swiss
brie
feta
goat